

**For more information on
basketball programs offered
please contact:**

**Trisha Plant
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647-465-8587**

or

**Tanya Callaghan
gabinfo@gmail.com
647-882-2845**

2018 Spring League Participants



"We are girls addicted to basketball"



presents its 13th annual
NEW BRAMPTON LOCATION!

"Get in the Game"

A girls only basketball league
focused on skill development & improvement



March 20, 2019 to June 5, 2019

Every **Wednesday** from **7:00pm to 9:00pm**
for 10 weeks, ages 11-18 separated into 2 divisions.
Inside Balmoral Senior Public School gymnasium

"Get in the Game"

Program Details:

Weeks	Time	Details
1-10	7:00	Skill training: Development & Enhancement
	8:00	Games: Division I & Division II

TWO DIVISIONS

7:00pm – 7:50pm: Skill Training

Development training will be on Court 1.

Enhancement training will be on Court 2.

*Girl basketballs are supplied for the program

7:50pm – 8:10pm: Life Skill Training

Participants will be learning important life skills outside of basketball.

8:10pm – 9:00pm: Team Games

Participants will be assembled into two to four teams, **playing in two divisions based on development level.** All games are four, 8-minute quarters (run time), played on half court. Team warm-up is 5 minutes, and half time is 2 minutes.

There will be two teams of approximately 10 girls per division. Teams within their divisions play against one another every week. Each team will be training with a coach and throughout the 10 weeks will be competing for the g.a.b championship title. The only game that counts is the final.

The finals for both divisions will take place on June 5th. Division 2 will play at 7:00 & Division 1 will play at 8:00pm. All final games will be played full court.

School Location:

All games are played at Balmoral Senior Public School located at 233 Balmoral Drive, Brampton, L6T1V5 (Dixie and Clark). Use the entrance to the far left of the school on the east side by the bike racks.

****Mark your calendar for June 8 as the Champions for this location will play the Toronto location Champions at Uoft.**

"Get in the Game"



Program Highlights:

- 20 hours of skill & game instruction
- Guaranteed eight games & two practice scrimmages
- g.a.b t-shirt
- Championship Award
- D.R.E.A.M Award winner

Registration Information:

Registration is based on a first come, first serve priority. g.a.b is only taking a maximum of 40 girls. You must register online to reserve your spot.

Register & learn more by visiting:

www.gabinfo.com



Early Bird Price:

A fee of **\$135** per participant must be received **on or before** Friday, **March 8**. Price goes up to \$165 on March 9. ****Please note that once the registration fee is paid a \$40 charge will be held upon cancellation. Payments are to be made online through the website.**

REGISTER NOW BY VISITING

www.gabinfo.com

g.a.b is affiliated with Ontario Basketball and is covered under their insurance.